# Ice Breaker: Candy Confessions

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| **Audience**  large= 20+, medium= 10-20, small = under 10 | Small |
| **Team Size** | Works best for 10 or fewer participants |
| **Activity Level**  highly active, medium effort, low impact | Medium |
| **Title** | Candy Confessions  *This game also goes by other names, including the M&M game, Candy Confessions, the Skittles Game, the Gum Drop game, among others.* |
| **Description** | This is a get-to-know-you game that helps people learn new facts about each other in an easy way. Participants select various pieces of candy from a bowl/bag, and each candy variety is associated with a fact about themselves which they will share with the group. |

**Materials**

* Different colored candy (M&Ms, Starburst, Skittles, gummy bears, gum drops, are a few examples).
* Purchase several variety packs of candy, enough for each person to be able to have at least five pieces. They can be any candy type, but not too many choices (limit it to around five or six different varieties).

**Set Up**

* Place all candy in a bowl/bag
* Write on white board or flip chart a candy color and its associated question. Keep covered so as not to reveal the questions.

**How To/Conduct or Run the Ice Breaker**

* Pass around the bowl/bag of candy and tell each participant to choose anywhere from 1 to 5 pieces of anything that they want. Instruct them not to eat it yet, though. After they have chosen their candy, you will tell them what each candy type/color represents.
* Share with the team the instructions: Each person takes turns introducing himself or herself, beginning with their name and then saying one fact for each candy type that they have.
* Reveal the candy colors & questions
  + Color: Question
  + Blue: Tell us a favorite movie
* Some example questions:
  + What is/are your Favorite hobby/hobbies?
  + Where is your favorite place on earth?
  + What is a favorite food?
  + What book did you read last?
  + Wildcard (tell us anything about yourself!)