Why Icebreakers

Short and simple activities which help people get to know each on a personal level.

Other benefits include:

* They're fun to play, making them a welcomed break from regular work activities.
* They break down barriers that might exist between employees.
* They can help kickstart major meetings or long training sessions.
* They make it easier for employees to communicate with one another.
* They encourage interactions that wouldn't usually take place in the context of a normal workday.